



### How should I take ENVARSUS XR?

- Take ENVARSUS XR exactly as your healthcare provider tells you to take it.
- Your healthcare provider may change your dose of ENVARSUS XR if needed. **Do not** stop taking or change your dose of ENVARSUS XR without talking to your healthcare provider.
- Take ENVARSUS XR once daily with fluid (preferably water) on an empty stomach, at least 1 hour before or at least 2 hours after a meal, at the same time each day (preferably in the morning).
- Take ENVARSUS XR tablets whole. **Do not** chew, divide, crush, or dissolve ENVARSUS XR tablets before swallowing. If you cannot swallow ENVARSUS XR tablets whole, tell your healthcare provider.
- If you miss your dose of ENVARSUS XR, it should be taken as soon as possible, but no longer than 15 hours after missing your dose. If the time after missing your dose is more than 15 hours, the missed dose should be skipped and the next dose should be taken the following morning at your regularly scheduled time. **Do not** take 2 doses at the same time.
- If you take too much ENVARSUS XR, call your healthcare provider or go to the nearest hospital emergency room right away.

### What should I avoid while taking ENVARSUS XR?

- Live vaccines such as flu vaccine through your nose, measles, mumps, rubella, polio by mouth, BCG (TB vaccine), yellow fever, chicken pox (varicella), or typhoid.
- Exposure to sunlight and UV light such as tanning machines. Wear protective clothing and use a sunscreen.
- You should not eat grapefruit or drink grapefruit juice while taking ENVARSUS XR.
- You should not drink alcohol while taking ENVARSUS XR.

### What are the possible side effects of ENVARSUS XR?

#### ENVARSUS XR may cause serious side effects, including:

- See “What the most important information I should know about ENVARSUS XR?”
- **problems from medication errors such as graft rejection and other serious reactions.** People who take ENVARSUS XR have sometimes been given the wrong medicine because some medicines have the same ingredient (tacrolimus) as ENVARSUS XR. **Check your ENVARSUS XR when you get a new prescription to make sure you have received the right medicine.**
  - Call your healthcare provider right away if you think you were given the wrong medicine.
  - Ask your healthcare provider or pharmacist if you are not sure what ENVARSUS XR should look like.
- **high blood sugar (diabetes).** Your healthcare provider may do certain tests to check for diabetes while you take ENVARSUS XR. Call your healthcare provider right away if you have:
  - frequent urination
  - increased thirst or hunger
  - blurred vision
  - confusion
  - drowsiness
  - loss of appetite
  - fruity smell on your breath
  - nausea, vomiting, or stomach pain
- **kidney problems.** Kidney problems are serious and common side effects of ENVARSUS XR. Your healthcare provider may do certain tests to check for kidney function while you take ENVARSUS XR.
- **nervous system problems.** Nervous system problems are a serious and common side effect of ENVARSUS XR. Call your healthcare provider right away if you get any of these symptoms while taking ENVARSUS XR. These could be signs of serious nervous system problems:
  - confusion
  - coma
  - seizures
  - numbness and tingling
  - headache
  - vision changes
  - muscle tremors
- **high levels of potassium in your blood.** Your healthcare provider may do certain tests to check your potassium level while you take ENVARSUS XR.
- **high blood pressure.** Your healthcare provider will monitor your blood pressure while you take ENVARSUS XR.
- **changes in the electrical activity of your heart (QT prolongation).**
- **severe low blood cell count (anemia)**

**The most common side effects of ENVARUSUS XR** are diarrhea, urinary tract infection, low red blood cell count (anemia), high blood pressure, and constipation. These are not all the possible side effects of ENVARUSUS XR. For more information, ask your healthcare provider or pharmacist.

Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store ENVARUSUS XR?**

- Store ENVARUSUS XR at room temperature between 68 °F to 77 °F (20 °C to 25 °C).
- Safely throw away medicine that is out of date or no longer needed.

**Keep ENVARUSUS XR and all medicines out of reach of children.**

**General information about the safe and effective use of ENVARUSUS XR.**

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use ENVARUSUS XR for a condition for which it was not prescribed. Do not give ENVARUSUS XR to other people, even if they have the same symptoms that you have. It may harm them.

This Medication Guide summarizes the most important information about ENVARUSUS XR. If you would like more information, talk with your healthcare provider. You can ask your pharmacist or healthcare provider for information about ENVARUSUS XR that is written for health professionals. For more information, go to [www.ENVARUSUSXR.com](http://www.ENVARUSUSXR.com) or call 1-844-Veloxis (1-844-835-6947).

**What are the ingredients in ENVARUSUS XR?**

**Active ingredient:** tacrolimus USP

**Inactive ingredients:** hypromellose USP, lactose monohydrate NF, polyethylene glycol NF, poloxamer NF, magnesium stearate NF, tartaric acid NF, butylated hydroxytoluene NF, and dimethicone NF

Manufactured by: **Rottendorf Pharma GmbH**, 59320 Ennigerloh, North Rhine-Westphalia, Germany

Manufactured for: **Veloxis Pharmaceuticals, Inc.**, Cary, North Carolina 27513, United States

This Medication Guide has been approved by the U.S. Food and Drug Administration.

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